


# 2019 Pontevedra ITU Cross Triathlon World Championships<sup>?</sup>

## Age groups - Results by category

---







### 18-19 Female AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3354	Nerea Ortiz Serrano	ESP 	20:58	1:36	1:53:02	2:23	40:40	<b>2:58:38</b>
2	3355	Danielle Bergs	NZL 	22:09	1:10	2:00:03	3:00	41:58	<b>3:08:18</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 18-19 Male AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3008	Matthew Clough	NZL 	14:46	1:21	1:22:31	2:03	29:31	<b>2:10:10</b>
2	3004	Jules Dumas	FRA 	15:22	1:13	1:21:10	2:00	32:08	<b>2:11:51</b>
3	3009	Lewis Williams	GBR 	18:02	1:14	1:27:58	2:22	30:58	<b>2:20:32</b>
4	3003	Germán López Ávila	ESP 	14:56	1:20	1:32:14	2:07	34:17	<b>2:24:51</b>
5	3005	Finn Trenholm	GBR 	15:37	1:40	1:41:58	2:27	41:02	<b>2:42:42</b>
6	3001	Martin Casal Mourelos	ESP 	14:48	1:21	1:55:28	3:11	43:13	<b>2:57:58</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 20-24 Female AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3358	Anna Pauline Saßerath	GER 	15:56	1:10	1:31:16	2:06	33:40	<b>2:24:07</b>
2	3359	Shiva Leisner	DEN 	18:06	1:57	1:36:01	2:47	36:15	<b>2:35:03</b>
3	3357	Maria Hernández Contijoch	ESP 	20:56	1:29	1:40:22	2:23	35:19	<b>2:40:28</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category








### 20-24 Male AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3023	Aleix Sierra Oliver	ESP 	17:16	1:45	1:12:55	1:50	25:37	<b>1:59:22</b>
2	3026	Thibault Gire	FRA 	14:50	1:42	1:12:30	2:07	28:23	<b>1:59:30</b>
3	3011	Ruben Cuellar Mantas	ESP 	13:48	1:14	1:15:31	1:55	27:11	<b>1:59:37</b>
4	3027	Clément Grandy	FRA 	14:57	1:28	1:15:53	1:52	25:38	<b>1:59:46</b>
5	3033	Brendon Bergs	NZL 	16:03	1:20	1:15:47	2:07	28:55	<b>2:04:09</b>
6	3024	Enrique Terol Perez	ESP 	14:08	1:15	1:16:57	1:59	31:12	<b>2:05:29</b>
7	3028	Brian Tetard	FRA 	13:46	1:13	1:19:50	2:02	29:59	<b>2:06:49</b>
8	3029	Jonathan Chatten	GBR 	14:03	1:17	1:21:16	1:55	28:40	<b>2:07:09</b>
9	3031	Scott Anderson	GER 	14:27	1:20	1:20:45	2:07	30:42	<b>2:09:18</b>
10	3013	Gerard Lopez Gomez	ESP 	15:39	1:41	1:22:42	1:59	27:45	<b>2:09:44</b>
11	3021	Aitor Ramírez Martínez	ESP 	19:15	1:54	1:18:38	2:10	28:56	<b>2:10:51</b>
12	3025	Tom Donnenwirth	FRA 	18:36	2:06	1:14:48	2:19	37:52	<b>2:15:39</b>
13	3010	Carlos Brion Sampedro	ESP 	12:38	1:21	1:32:31	2:18	27:30	<b>2:16:16</b>
14	3030	Alexander Williams	GBR 	18:11	2:02	1:25:04	2:17	31:55	<b>2:19:27</b>
15	3020	Pablo Pedrosa Paz	ESP 	15:24	1:28	1:28:46	1:59	32:00	<b>2:19:37</b>
16	3016	Alfonso Mata Gonzalez	ESP 	17:16	1:12	1:27:14	1:57	32:13	<b>2:19:49</b>
17	3017	Ruben Mateos Carbajo	ESP 	22:32	2:25	1:24:17	2:07	29:05	<b>2:20:25</b>
18	3032	Paris Fellmann	LUX 	19:20	2:09	1:25:47	2:26	31:55	<b>2:21:36</b>
19	3015	Iñigo Martínez Martínez	ESP 	18:07	1:35	1:28:24	2:12	32:16	<b>2:22:33</b>
20	3012	Miquel Esteban Saez	ESP 	18:08	1:27	1:25:36	2:15	36:42	<b>2:24:06</b>
21	3022	Daniel Sales Roger	ESP 	15:36	1:31	1:30:58	2:08	39:36	<b>2:29:46</b>
22	3018	Antxon Mítxelena Gonzalez	ESP 	25:16	1:10	1:52:52	2:47	40:30	<b>3:02:33</b>
	<del>3019</del>	<del>Francisco Muñoz Soto</del>	<del>ESP </del>	<del>19:32</del>	<del>1:56</del>	<del>—</del>	<del>—</del>	<del>—</del>	<del>—</del>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 25-29 Female AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3363	Sékolène Leberon	FRA 	19:01	1:21	1:30:23	2:15	34:22	<b>2:27:21</b>
2	3362	Ana Gay Parraga	ESP 	21:33	1:10	1:37:25	2:13	33:07	<b>2:35:26</b>
3	3366	Jessica Henderson	AUS 	17:14	1:56	1:38:13	2:46	36:50	<b>2:36:56</b>
4	3368	Rita Lopes	POR 	20:14	1:10	1:55:23	2:06	33:24	<b>2:52:15</b>
5	3367	Daniela Toledo	COL 	35:42	3:41	2:01:10	3:50	37:25	<b>3:21:46</b>
6	3361	Alicia Arjona Paredes	ESP 	26:54	3:28	2:47:30	3:04	55:27	<b>4:16:21</b>
	<del>3365</del>	<del>Emma Coakley</del>	USA 	<del>15:37</del>	<del>3:12</del>	—	—	—	—

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 25-29 Male AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3041	Jorge Recuero Heras	ESP 	16:47	1:18	1:13:00	2:09	28:58	<b>2:02:10</b>
2	3039	Alejandro Pareja Villar	ESP 	13:48	1:25	1:16:45	2:03	29:06	<b>2:03:04</b>
3	3042	Pierric Brochet	FRA 	15:20	1:26	1:17:21	2:03	29:01	<b>2:05:10</b>
4	3043	Christopher Dupre	FRA 	18:05	1:42	1:17:50	1:53	27:08	<b>2:06:36</b>
5	3049	Diego Moreno Rodríguez	ESP 	16:15	1:23	1:18:48	2:03	29:33	<b>2:08:01</b>
6	3046	Riccardo Roatta	ITA 	16:47	1:25	1:23:28	2:07	31:13	<b>2:14:57</b>
7	3048	John Fabricio Palma Paladines	ECU 	21:35	2:15	1:18:14	2:27	31:30	<b>2:15:59</b>
8	3047	Dionísio Silva	POR 	18:07	2:02	1:24:35	2:27	34:17	<b>2:21:26</b>
9	3040	Manuel Piñeiro Fiel	ESP 	18:00	1:45	1:33:50	2:16	29:44	<b>2:25:32</b>
10	3038	Alejandro Gil Rojas	ESP 	18:06	2:12	1:35:51	2:30	37:00	<b>2:35:36</b>
11	3037	Ricardo Fernandez Garcia	ESP 	23:06	1:45	1:37:18	2:23	35:29	<b>2:39:59</b>
12	3045	Liam OHara	GBR 	17:53	2:23	1:46:36	2:42	36:09	<b>2:45:42</b>
13	3044	David Janes	GBR 	16:17	2:10	1:46:02	2:53	39:59	<b>2:47:20</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category


### 30-34 Female AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3369	Isabel González Fuentefría	ESP 	18:07	1:10	1:36:11	2:18	33:05	<b>2:30:50</b>
2	3370	Enara Herran Martinez	ESP 	18:39	1:10	1:37:29	2:45	36:22	<b>2:36:23</b>
3	3372	Emilie Attanasio	FRA 	21:29	1:10	1:38:35	2:45	37:48	<b>2:41:45</b>
4	3379	Caitlin Port	CAN 	20:26	1:10	1:43:43	2:48	36:39	<b>2:44:45</b>
5	3373	Delphine Guillot	FRA 	19:46	1:57	1:42:37	3:12	39:35	<b>2:47:05</b>
6	3374	Sara De Pablo	GBR 	23:23	2:17	1:43:30	2:46	37:44	<b>2:49:38</b>
7	3378	Larissa Oates	AUS 	26:05	2:41	1:55:59	2:56	39:09	<b>3:06:49</b>
8	3371	Carolina Laurentiu Granja	ESP 	21:29	2:12	2:01:45	3:19	40:46	<b>3:09:28</b>
9	3377	Jessica Monagle	AUS 	22:37	3:29	2:22:32	4:08	48:28	<b>3:41:13</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 30-34 Male AG















Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3059	Mathieu Desserprit	FRA 	15:26	1:58	1:13:57	2:06	27:51	<b>2:01:16</b>
2	3056	Ulises Nava Celorrio	ESP 	15:55	1:15	1:14:47	2:02	30:42	<b>2:04:39</b>
3	3062	Tjardo Visser	NED 	14:05	1:29	1:19:56	2:18	28:38	<b>2:06:25</b>
4	3055	Luis Martinez Cubillo	ESP 	15:30	1:24	1:18:43	1:57	30:45	<b>2:08:18</b>
5	3066	Diogo Silva	POR 	18:34	2:15	1:19:50	2:05	28:51	<b>2:11:33</b>
6	3052	Francisco Garcia Reguera	ESP 	17:58	1:36	1:21:06	2:26	29:03	<b>2:12:07</b>
7	3051	Jose Joaquin Garcia Fernandez	ESP 	16:49	1:21	1:22:49	1:57	31:01	<b>2:13:54</b>
8	3060	Ruben Villalain	GBR 	13:51	1:46	1:28:47	2:23	29:40	<b>2:16:25</b>
9	3065	Tiago Pinho	POR 	24:45	2:07	1:22:23	2:10	28:01	<b>2:19:24</b>
10	3057	Jorge Ruiz De León Gómez	ESP 	19:04	1:34	1:20:23	2:10	36:30	<b>2:19:39</b>
11	3054	Jose Joaquin Manzano Gallardo	ESP 	21:44	1:10	1:22:32	2:40	32:40	<b>2:20:44</b>
12	3064	Daniel Castro	POR 	19:00	1:42	1:23:52	2:18	35:41	<b>2:22:31</b>
13	3067	Stetsiuk Dmytro	UKR 	24:30	1:10	1:32:55	2:17	29:42	<b>2:30:32</b>
14	3053	Martin Gonzalez Vazquez	ESP 	23:36	1:10	1:35:44	2:36	31:40	<b>2:34:46</b>
15	3058	Albert Sarda Gimeno	ESP 	19:36	2:19	1:41:04	2:47	38:28	<b>2:44:11</b>
16	3063	Pedro Bernardes	POR 	25:03	3:25	2:09:15	2:59	45:05	<b>3:25:45</b>



# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category





### 35-39 Female AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3382	María Calleja Aguayo	ESP 	16:45	1:10	1:30:49	2:31	33:34	<b>2:24:49</b>
2	3390	Lisa Schröder-Ott	GER 	17:54	1:10	1:30:32	2:29	34:18	<b>2:26:22</b>
3	3384	Inmaculada Pino Gomez	ESP 	21:36	2:20	1:27:43	2:22	34:37	<b>2:28:36</b>
4	3389	Sara-Diane Gorges	GER 	21:08	1:10	1:35:33	2:34	35:35	<b>2:35:57</b>
5	3396	Mirtha Realpe	COL 	19:43	2:22	1:40:49	2:23	34:13	<b>2:39:29</b>
6	3386	Laura Jane Mulcahy	GBR 	21:45	2:33	1:42:53	2:33	34:32	<b>2:44:15</b>
7	3387	Ruth Owen Evans	GBR 	23:18	2:04	1:38:12	2:58	38:52	<b>2:45:23</b>
8	3385	Concepcion Velazquez Martinez	ESP 	20:22	1:55	1:47:06	2:36	37:20	<b>2:49:16</b>
9	3391	Jen Hodgson	NZL 	25:22	2:32	1:43:16	2:42	39:56	<b>2:53:46</b>
10	3388	Amanda Pirie	GBR 	21:40	2:13	1:50:08	3:09	39:22	<b>2:56:30</b>
11	3393	Almari De Milander	RSA 	27:19	3:46	1:57:16	3:14	37:11	<b>3:08:45</b>
12	3392	Ana Alexandra Martinho	POR 	21:32	2:18	2:07:48	2:43	37:11	<b>3:11:31</b>
13	3397	Daniela Alexandra Orbe Zárate	ECU 	34:58	2:40	2:01:32	3:57	44:34	<b>3:27:38</b>
14	3395	Kelly Henry	CAN 	33:58	4:42	2:13:18	3:13	38:58	<b>3:34:07</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category















### 35-39 Male AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3075	Leon Martin Drajer .	ESP 	14:47	1:23	1:15:05	1:55	27:44	<b>2:00:52</b>
2	3084	Juan Carlos Nieto Gracia	ESP 	18:21	1:28	1:15:01	1:59	26:36	<b>2:03:23</b>
3	3087	David Rodriguez Lopez	ESP 	14:02	1:13	1:19:30	1:50	28:17	<b>2:04:50</b>
4	3093	Olivier Demichel	FRA 	15:28	1:30	1:17:58	2:06	28:29	<b>2:05:28</b>
5	3088	Bernardo Rubio Herrada	ESP 	18:01	1:36	1:16:51	2:06	28:08	<b>2:06:41</b>
6	3072	Juan Andres Cano Cuevas	ESP 	16:29	1:47	1:16:33	1:58	30:53	<b>2:07:37</b>
7	3073	José Antonio Castilla Menéndez	ESP 	17:34	1:23	1:16:39	2:15	29:49	<b>2:07:39</b>
8	3076	Javier Fernandez Fernandez	ESP 	19:13	1:37	1:17:44	2:03	30:53	<b>2:11:28</b>
9	3095	Rob Parry	GBR 	17:14	1:22	1:20:50	2:11	30:15	<b>2:11:50</b>
10	3096	Brad Pontin	GBR 	15:58	1:27	1:22:25	2:03	30:18	<b>2:12:10</b>
11	3077	Porfirio Fernandez Vidal	ESP 	20:53	1:10	1:18:41	2:14	30:06	<b>2:13:03</b>
12	3082	David Landeira Castro	ESP 	18:01	1:46	1:22:53	2:09	29:16	<b>2:14:03</b>
13	3086	Enrique Rivas Pulpeiro	ESP 	17:33	2:16	1:20:11	2:19	32:47	<b>2:15:04</b>
14	3100	Jeremy Groux	NZL 	15:34	1:38	1:23:51	2:20	32:48	<b>2:16:10</b>
15	3101	Paulo Ajuda	POR 	21:18	1:10	1:22:34	2:01	30:12	<b>2:17:13</b>
16	3103	Igor Guerreiro	POR 	16:24	1:58	1:26:06	2:24	30:54	<b>2:17:44</b>
17	3092	Felipe Veiga Jalda	ESP 	16:26	1:27	1:26:36	2:18	31:12	<b>2:17:58</b>
18	3085	Eloy Rey Martinez	ESP 	17:33	2:13	1:25:38	2:16	32:36	<b>2:20:14</b>
19	3091	Bruno Souto Perez	ESP 	17:56	2:01	1:25:14	2:18	33:23	<b>2:20:50</b>
20	3109	Juscelino Adeodato De Miranda Vasconcelos	BRA 	18:09	2:16	1:25:02	2:08	33:26	<b>2:20:59</b>
21	3079	Raul Gonzalez Romero	ESP 	17:18	2:13	1:28:36	2:17	30:55	<b>2:21:17</b>
22	3081	Cesar Iglesias Docal	ESP 	19:06	2:25	1:26:24	2:34	31:21	<b>2:21:47</b>
23	3090	David Sanisidro Rego	ESP 	18:31	2:10	1:29:43	2:06	31:03	<b>2:23:31</b>
24	3074	Pablo Cordoba Padilla	ESP 	20:14	2:06	1:22:49	2:36	36:16	<b>2:24:00</b>
25	3094	Guy Dunscombe	GBR 	16:41	1:32	1:34:41	3:07	30:28	<b>2:26:27</b>
26	3110	Felipe Santiago Vintimilla Paredes	ECU 	23:52	1:10	1:26:10	2:35	34:16	<b>2:28:02</b>
27	3071	Juan Carlos Candal De La Cruz	ESP 	23:51	3:23	1:26:06	2:27	35:24	<b>2:31:10</b>
28	3070	Jose Alberto Arias Muñiz	ESP 	19:13	1:42	1:36:37	2:04	32:58	<b>2:32:32</b>
29	3078	Diego Freire Calvo	ESP 	25:46	1:10	1:28:54	3:02	35:00	<b>2:33:50</b>
30	3102	César Andrade	POR 	17:46	2:45	1:39:07	2:17	33:24	<b>2:35:17</b>
31	3107	Helton Carlos C. Vasconcelos Gomes Vieira	BRA 	18:05	2:15	1:36:58	3:10	37:24	<b>2:37:50</b>
32	3111	Adrián David Yépez Quintana	ECU 	16:44	3:50	1:42:47	2:37	32:19	<b>2:38:15</b>
33	3089	Ruben Sanchez Vazquez	ESP 	22:59	1:10	1:39:36	2:43	35:16	<b>2:41:42</b>
34	3080	Juan Jose Gutierrez Esteban	ESP 	19:37	1:10	1:39:36	2:32	39:17	<b>2:42:10</b>
35	3099	Takahiro Mishina	JPN 	21:02	1:10	1:43:25	3:10	34:58	<b>2:43:43</b>
36	3097	James Wren	GBR 	22:22	1:10	1:47:34	2:30	34:30	<b>2:48:04</b>
37	3106	Daniel David Manzano Liscano	VEN 	19:21	2:28	1:46:58	3:03	36:33	<b>2:48:20</b>
38	3098	Ryoichi Higashino	JPN 	20:09	1:10	1:52:11	2:44	43:31	<b>2:59:44</b>
39	3083	José Luis López-Mingo Ballesteros	ESP 	42:37	4:04	1:45:57	3:08	38:37	<b>3:14:21</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 40-44 Female AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3417	Eva Garcia Gonzalez	ESP 	18:27	1:10	1:26:35	2:15	29:31	<b>2:17:56</b>
2	3403	Alexandra Borrelly	FRA 	19:33	2:02	1:34:55	2:38	36:50	<b>2:35:56</b>
3	3406	Rachel Clay	GBR 	21:56	2:23	1:36:39	2:37	35:44	<b>2:39:17</b>
4	3415	Lindsay Jackson	USA 	20:06	1:10	1:37:49	3:14	37:29	<b>2:39:46</b>
5	3409	Claudia Wilesmith	GBR 	20:54	2:20	1:39:13	2:30	35:40	<b>2:40:36</b>
6	3407	Jackie Field	GBR 	22:41	2:30	1:39:36	2:50	34:16	<b>2:41:50</b>
7	3410	Emma-Jane Hughes	IRL 	21:51	1:10	1:40:26	2:37	36:38	<b>2:42:40</b>
8	3416	Malvina Gomes	POR 	21:48	3:24	1:39:39	2:41	37:36	<b>2:45:05</b>
9	3404	Sandrine De Marco	FRA 	21:47	1:50	1:40:32	2:51	38:50	<b>2:45:48</b>
10	3411	Philippa Jane Keith	KEN 	20:28	2:11	1:43:52	2:38	41:01	<b>2:50:09</b>
11	3412	Katarzyna Galewicz	POL 	35:11	2:47	1:33:05	3:24	36:43	<b>2:51:09</b>
12	3405	Erna Fontein	FRA 	18:57	2:08	1:36:09	3:43	57:03	<b>2:57:58</b>
13	3400	Esmeralda Agullo Esclapez	ESP 	22:59	3:12	1:54:38	2:40	38:10	<b>3:01:36</b>
14	3414	Stephanie Seddon-Brown	POR 	22:43	2:51	2:11:23	3:11	44:17	<b>3:24:23</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 40-44 Male AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3144	Nicolas Durin	FRA	17:26	1:10	1:13:08	1:58	28:23	<b>2:02:03</b>
2	3135	Basilio Polvillo Rogerio	ESP	17:29	1:10	1:15:35	2:15	30:03	<b>2:06:30</b>
3	3146	Ludovic Prouzet	FRA	15:10	1:52	1:18:08	2:42	29:15	<b>2:07:05</b>
4	3119	Daniel Becerril Gimeno	ESP	17:14	1:10	1:18:24	2:09	28:55	<b>2:07:51</b>
5	3130	Enrique Moran Gonzalez	ESP	17:55	1:59	1:17:46	2:10	28:16	<b>2:08:04</b>
6	3142	Albert Torres Carles	ESP	15:03	1:16	1:20:06	2:04	30:11	<b>2:08:37</b>
7	3165	Nuno Silva	POR	21:35	1:41	1:16:08	2:01	27:32	<b>2:08:55</b>
8	3164	Ricardo Senos	POR	19:56	1:10	1:18:04	2:11	27:58	<b>2:09:17</b>
9	3147	Anthony Rabeau	FRA	17:09	1:10	1:19:42	2:17	29:36	<b>2:09:53</b>
10	3145	Eric Philibert	FRA	16:21	1:17	1:19:24	2:13	31:14	<b>2:10:27</b>
11	3120	Llibert Fortuny I Cendra	ESP	15:11	1:46	1:21:05	2:14	31:01	<b>2:11:15</b>
12	3134	Pedro Antonio Plaza Rodríguez	ESP	18:20	2:22	1:19:38	2:15	30:24	<b>2:12:57</b>
13	3125	Manuel Hernandez Garcia	ESP	17:23	1:10	1:23:00	2:35	30:22	<b>2:14:29</b>
14	3150	Jonathan Heasman	GBR	18:58	1:10	1:20:13	2:27	32:04	<b>2:14:51</b>
15	3141	Diego Jesus Sotelo Fernandez	ESP	14:13	1:35	1:21:30	2:17	35:48	<b>2:15:20</b>
16	3127	Andres Martín Carmona	ESP	21:42	1:10	1:21:30	2:33	31:57	<b>2:18:51</b>
17	3121	Carlos Garcia Blanco	ESP	18:20	1:55	1:24:47	2:09	31:49	<b>2:18:59</b>
18	3151	Paul Hilliar	GBR	18:44	2:22	1:25:54	2:22	30:13	<b>2:19:33</b>
19	3163	Paulo Piteira	POR	22:54	2:17	1:26:29	2:18	29:55	<b>2:23:49</b>
20	3153	Mauro Imbriani	ITA	20:31	1:10	1:29:17	3:21	31:32	<b>2:25:49</b>
21	3158	Marco Cristo	POR	18:11	2:36	1:29:41	2:39	34:12	<b>2:27:18</b>
22	3157	David Costa	POR	19:35	1:10	1:30:25	2:23	34:47	<b>2:28:18</b>
23	3140	Alfonso Ruiz Gómez	ESP	20:33	2:21	1:28:16	3:05	34:26	<b>2:28:39</b>
24	3172	Paúl Vélez Barzallo	ECU	18:11	1:10	1:27:39	2:39	39:42	<b>2:29:19</b>
25	3152	Paul Whitesmith	GBR	17:42	2:08	1:32:28	2:28	34:52	<b>2:29:36</b>
26	3117	Ignacio Alcantara Garvia	ESP	19:13	1:10	1:32:09	2:27	34:53	<b>2:29:51</b>
27	3122	Florindo Jose Gonzalez Gonzalez	ESP	20:20	1:10	1:27:07	2:37	39:23	<b>2:30:35</b>
28	3132	Manuel Pedre Vazquez	ESP	23:35	1:10	1:26:56	2:42	37:24	<b>2:31:47</b>
29	3154	Yasuhiro Kojima	JPN	18:34	2:25	1:34:21	3:08	34:32	<b>2:32:58</b>
30	3161	Marco Filipe	POR	24:59	1:10	1:34:53	2:38	31:59	<b>2:35:38</b>
31	3123	Pablo Gonzalez Mendez	ESP	21:21	2:28	1:29:29	3:01	39:42	<b>2:35:59</b>
32	3133	Bernardo Piñeiro Abalo	ESP	23:06	2:23	1:34:08	2:33	35:29	<b>2:37:36</b>
33	3139	Israel Romero Godoy	ESP	18:49	1:10	1:41:20	2:44	39:01	<b>2:43:02</b>
34	3169	Fabio Lucio Boaventura	BRA	22:19	1:10	1:39:48	3:10	39:02	<b>2:45:28</b>
35	3136	Miguel Precedo Pose	ESP	23:07	1:10	1:39:24	2:41	40:27	<b>2:46:48</b>
36	3126	Francisco Javier Iglesias Prado	ESP	26:33	1:10	1:39:43	2:38	37:48	<b>2:47:50</b>
37	3129	Javier Mon Fernandez	ESP	19:54	1:10	1:40:57	-	46:28	<b>2:48:18</b>
38	3162	Hugo Fonseca	POR	26:12	1:10	1:48:06	2:27	34:57	<b>2:52:51</b>
39	3159	Luís Duarte Dos Santos	POR	27:03	1:10	1:41:59	2:48	43:05	<b>2:56:04</b>
40	3148	Freddy Casallas	GBR	21:47	1:10	1:56:05	3:40	40:23	<b>3:03:04</b>
41	3160	Hugo Durão	POR	25:16	2:47	1:47:52	3:26	43:51	<b>3:03:10</b>
42	3166	Boris Castro	USA	29:00	2:56	1:50:20	3:06	41:47	<b>3:07:07</b>
43	3170	Dimas Salvia	BRA	19:05	1:10	2:03:22	2:58	44:53	<b>3:11:26</b>
44	3155	Omar Said Ahmed	KEN	32:55	3:00	2:01:59	3:05	50:47	<b>3:31:44</b>
	<del>3143</del>	<del>Ramon Valiñas Martínez</del>	<del>ESP </del>	<del>18:09</del>	<del>2:04</del>	<del>-</del>	<del>-</del>	<del>-</del>	<del>-</del>
	<del>3168</del>	<del>Steve Roberts</del>	<del>USA </del>	<del>27:26</del>	<del>1:10</del>	<del>-</del>	<del>-</del>	<del>-</del>	<del>-</del>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 45-49 Female AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3420	Aida Garcia Lopez	ESP 	21:09	2:00	1:26:21	2:13	30:57	<b>2:22:39</b>
2	3418	Maria Fernandez Lores	ESP 	20:20	1:10	1:34:07	2:16	32:42	<b>2:30:34</b>
3	3430	Lise Sohl Jeppesen	DEN 	19:12	1:10	1:36:02	2:31	38:16	<b>2:37:10</b>
4	3422	Teresa Pons Munill	ESP 	22:08	1:46	1:35:48	2:39	34:59	<b>2:37:17</b>
5	3426	Cathy Atkinson	GBR 	20:24	1:10	1:39:07	3:01	36:18	<b>2:39:59</b>
6	3419	María José Garcia Alvarez	ESP 	17:57	1:10	1:44:47	2:32	35:33	<b>2:41:59</b>
7	3421	Beatriz Molina Garcia	ESP 	22:41	1:10	1:40:09	2:39	37:52	<b>2:44:29</b>
8	3427	Renell Brennan	GBR 	23:38	3:26	1:42:20	2:49	36:24	<b>2:48:35</b>
9	3425	Emmanuelle Massonnat	FRA 	26:27	2:33	1:44:30	2:48	37:39	<b>2:53:54</b>
10	3429	Melanie Rodrigue	AUS 	21:23	3:27	1:45:30	3:09	42:10	<b>2:55:36</b>
11	3424	Severine Guerif	FRA 	33:42	2:47	1:45:55	2:38	32:40	<b>2:57:40</b>
12	3428	Miharu Shinohara	JPN 	31:10	5:19	2:23:20	5:00	40:23	<b>3:45:11</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 45-49 Male AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3192	Jeff Satge	FRA 	17:40	1:10	1:14:49	2:05	28:59	<b>2:04:41</b>
2	3203	Rui Galinha	POR 	16:25	1:26	1:19:48	2:06	29:43	<b>2:09:26</b>
3	3190	Christophe Chubillau	FRA 	19:12	1:10	1:22:44	2:08	29:45	<b>2:14:58</b>
4	3178	Bernabe Angulo Ruiz	ESP 	16:31	1:46	1:22:12	2:33	32:11	<b>2:15:11</b>
5	3182	Francisco Javier Muñoz Zapata	ESP 	18:41	1:10	1:25:37	2:08	30:37	<b>2:18:12</b>
6	3202	Anton Bergs	NZL 	19:07	1:10	1:24:42	2:32	31:54	<b>2:19:25</b>
7	3217	Christopher Davison	AUS 	20:05	2:18	1:23:12	2:13	31:48	<b>2:19:35</b>
8	3191	Olivier Meisselle	FRA 	20:14	2:30	1:23:23	2:18	31:21	<b>2:19:44</b>
9	3197	Marcus Williams	GBR 	15:18	1:56	1:25:26	2:22	34:56	<b>2:19:55</b>
10	3200	Mauro Cesare Garavaglia	ITA 	15:32	1:22	1:27:18	2:16	33:58	<b>2:20:24</b>
11	3209	Robert Scholtz	RSA 	17:58	1:10	1:25:56	2:27	33:17	<b>2:20:47</b>
12	3198	Georg Harbauer	GER 	16:14	2:03	1:25:09	2:50	36:06	<b>2:22:20</b>
13	3196	Andrew Sole	GBR 	16:08	1:55	1:29:51	2:34	33:11	<b>2:23:37</b>
14	3208	Jean-Michel Vie	POR 	19:31	1:45	1:28:40	2:22	33:04	<b>2:25:20</b>
15	3187	Ruben Sio Fernandez	ESP 	22:23	2:10	1:26:22	2:29	33:45	<b>2:27:07</b>
16	3194	David Boyes	GBR 	21:56	1:10	1:29:03	2:23	33:50	<b>2:28:21</b>
17	3180	Oscar Jesús Fernández Vega	ESP 	19:40	1:10	1:37:24	2:12	29:22	<b>2:29:46</b>
18	3199	Falk Lippelt	GER 	16:36	1:59	1:32:21	2:39	36:43	<b>2:30:16</b>
19	3184	Marcos Rodriguez Baliña	ESP 	16:50	1:10	1:33:50	2:35	36:10	<b>2:30:33</b>
20	3186	Alfredo Sanchez Reina	ESP 	20:11	1:10	1:33:43	2:57	32:49	<b>2:30:48</b>
21	3185	Jose Carlos Ruiz Moyano	ESP 	19:22	2:30	1:35:28	2:19	31:25	<b>2:31:04</b>
22	3218	Jason Dennis	AUS 	19:39	1:10	1:32:30	2:41	36:08	<b>2:32:07</b>
23	3224	Johan Uesseler	COL 	23:57	1:10	1:30:29	2:45	36:04	<b>2:34:25</b>
24	3195	Mark Henrick	GBR 	17:16	2:15	1:34:26	2:48	37:57	<b>2:34:40</b>
25	3179	Rafael Cabañeros Robles	ESP 	23:37	1:10	1:34:53	2:33	32:57	<b>2:35:08</b>
26	3201	Aaron Sanchez Garcia	MEX 	23:51	1:10	1:32:04	2:46	35:40	<b>2:35:30</b>
27	3213	Fernando Lopez	USA 	23:19	1:10	1:34:42	2:46	33:52	<b>2:35:48</b>
28	3219	Simon Direen	AUS 	18:20	1:58	1:42:33	2:30	33:11	<b>2:38:31</b>
29	3204	Fernando Igreja	POR 	28:18	2:27	1:29:34	2:43	35:59	<b>2:38:59</b>
30	3216	Steve Smith	USA 	18:20	2:42	1:38:49	2:41	38:48	<b>2:41:18</b>
31	3214	Todd Pilger	USA 	18:20	3:36	1:37:19	3:38	39:24	<b>2:42:14</b>
32	3215	Mike Preston	USA 	30:09	1:10	1:27:54	3:09	40:40	<b>2:43:00</b>
33	3193	Simon Aplin	GBR 	17:57	1:10	1:46:12	2:33	38:39	<b>2:46:29</b>
34	3181	Faustino Meis Veiga	ESP 	20:27	3:17	1:55:08	2:33	34:00	<b>2:55:22</b>
35	3221	Alessandro Pimentel	BRA 	17:47	3:27	1:58:42	2:54	36:50	<b>2:59:37</b>
36	3220	David Gunn	AUS 	22:37	2:47	1:58:36	3:17	39:27	<b>3:06:43</b>
37	3206	Alexandre Monteiro	POR 	23:44	3:02	1:57:06	3:23	48:53	<b>3:16:06</b>
38	3207	Joaquim Rosado	POR 	25:44	2:28	2:02:16	3:11	44:30	<b>3:18:07</b>
39	3212	Daniel Brzycki	USA 	31:51	4:00	2:05:11	3:27	46:13	<b>3:30:41</b>
40	3205	Ulisses Lopes	POR 	28:02	4:11	2:47:41	4:58	56:08	<b>4:20:58</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 50-54 Female AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3437	Rachel Kirkwood	GBR 	18:26	1:10	1:40:21	3:07	36:22	<b>2:39:25</b>
2	3451	Anne-Mette Mortensen	DEN 	23:05	2:30	1:38:22	2:47	36:13	<b>2:42:56</b>
3	3440	Britta Anderson	GER 	21:21	1:10	1:43:43	2:37	37:18	<b>2:46:08</b>
4	3433	Susana Coto Fernández	ESP 	21:06	2:22	1:49:54	2:31	35:56	<b>2:51:46</b>
5	3438	Sally Mortleman	GBR 	23:06	2:52	1:46:08	2:59	38:15	<b>2:53:19</b>
6	3448	Lindy Kronen	AUS 	23:41	2:02	1:45:56	2:55	41:14	<b>2:55:46</b>
7	3450	Monica Wolf	CAN 	27:39	4:37	1:47:29	3:57	37:57	<b>3:01:36</b>
8	3435	Inmaculada Sanchez Belis	ESP 	20:35	2:31	1:47:15	3:06	51:54	<b>3:05:19</b>
9	3441	Diana Mull	GER 	29:53	2:12	1:54:55	3:03	37:36	<b>3:07:38</b>
10	3447	Lucie Ayotte	AUS 	30:47	2:58	1:54:44	2:46	40:28	<b>3:11:40</b>
11	3445	Christina Halioris	USA 	24:01	4:44	1:58:53	3:46	42:19	<b>3:13:41</b>
12	3434	Mª Belen Lemat Cabral	ESP 	35:15	2:51	1:58:45	2:51	37:53	<b>3:17:33</b>
13	3439	Ella Pyman	GBR 	25:48	2:58	2:03:18	3:04	43:14	<b>3:18:20</b>
14	3436	Louise Gibson	GBR 	36:40	2:40	1:55:00	3:17	42:09	<b>3:19:44</b>
15	3443	May-Li Cuypers	USA 	22:17	2:42	2:09:33	3:08	42:47	<b>3:20:25</b>
16	3449	Solange Benz	BRA 	21:40	2:47	2:12:04	3:29	44:05	<b>3:24:02</b>
	3442	Deborah Brzycki	USA 	49:02	—	—	—	—	—



# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 50-54 Male AG










Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3255	Gianpietro De Faveri	ITA 	13:09	1:27	1:16:22	2:36	29:44	<b>2:03:16</b>
2	3268	Gerald Will	AUT 	14:26	1:10	1:16:00	2:11	31:49	<b>2:05:35</b>
3	3247	Graham Baxter	GBR 	17:11	1:10	1:17:48	2:13	29:58	<b>2:08:19</b>
4	3257	Martin Ralph	NZL 	18:52	1:10	1:22:05	2:31	28:31	<b>2:13:08</b>
5	3233	Antonio Luis Fernandez Perula	ESP 	17:41	1:50	1:21:55	2:06	30:14	<b>2:13:44</b>
6	3258	Grzegorz Zgliczynski	POL 	15:07	1:10	1:26:15	2:13	29:24	<b>2:14:08</b>
7	3253	Jörg Schneider	GER 	16:42	1:50	1:24:24	2:18	29:43	<b>2:14:55</b>
8	3240	Carlos Mateos Lopez	ESP 	20:32	3:11	1:20:38	2:23	30:51	<b>2:17:34</b>
9	3239	Gonzalo Martín Santana	ESP 	15:25	1:10	1:29:00	2:08	30:20	<b>2:18:01</b>
10	3254	Bernd Uebersezig	GER 	16:40	1:50	1:26:45	2:19	32:31	<b>2:20:02</b>
11	3270	Joost Van Ulden	CAN 	19:07	1:10	1:25:08	2:46	32:42	<b>2:20:52</b>
12	3235	Francisco Gomez Castro	ESP 	20:40	1:10	1:26:53	2:20	30:37	<b>2:21:39</b>
13	3245	David Suarez Redondo	ESP 	19:47	1:26	1:26:46	2:39	32:02	<b>2:22:37</b>
14	3269	Didier Bucheler	BEL 	18:42	1:10	1:26:57	2:31	34:57	<b>2:24:16</b>
15	3234	Alfonso Jose Gallego Macias	ESP 	18:10	2:14	1:27:32	2:36	34:07	<b>2:24:37</b>
16	3261	João Nunes	POR 	20:07	1:33	1:30:52	2:24	32:45	<b>2:27:39</b>
17	3244	Sergi Sanchez Grau	ESP 	19:05	1:10	1:28:35	2:29	36:42	<b>2:28:00</b>
18	3256	Yoshiaki Miura	JPN 	20:54	1:10	1:28:48	2:49	36:01	<b>2:29:41</b>
19	3238	Celso Lopez Vazquez	ESP 	21:09	1:10	1:29:53	2:38	35:48	<b>2:30:37</b>
20	3232	Jose Luis Bru Gimenez	ESP 	25:02	1:10	1:34:13	2:52	33:27	<b>2:36:43</b>
21	3241	Francisco Jose Perez Ibañez	ESP 	21:46	1:10	1:37:30	2:49	33:45	<b>2:37:00</b>
22	3236	Jesus Javier Gonzalez Espinosa	ESP 	19:55	2:05	1:39:37	2:29	35:21	<b>2:39:24</b>
23	3262	Mário Sousa	POR 	25:06	2:41	1:38:32	2:38	32:23	<b>2:41:18</b>
24	3252	Volker Ashauer	GER 	20:40	3:11	1:39:01	2:55	37:08	<b>2:42:52</b>
25	3266	Stephen Lohr	USA 	23:28	3:11	1:37:49	2:43	36:24	<b>2:43:34</b>
26	3250	Jeremy Pugh	GBR 	23:16	1:10	1:39:14	2:47	38:29	<b>2:44:55</b>
27	3260	Joaquim Lopes	POR 	37:34	1:48	1:35:39	2:38	32:53	<b>2:50:30</b>
28	3251	Scott Winnard	GBR 	21:26	2:16	1:49:23	2:49	35:22	<b>2:51:15</b>
29	3231	Enrique Luis Alvarez Estevez	ESP 	23:17	3:02	1:43:18	2:55	39:43	<b>2:52:13</b>
30	3259	João Gomes	POR 	19:45	1:10	1:48:13	3:09	40:58	<b>2:53:13</b>
31	3267	Jukka Valkonen	USA 	21:26	2:34	1:49:39	4:40	39:21	<b>2:57:39</b>
32	3237	Stephan Andre Jeandon	ESP 	23:19	2:47	1:54:59	3:39	43:33	<b>3:08:16</b>
33	3264	Chris Halioris	USA 	27:00	3:25	2:01:21	3:51	50:53	<b>3:26:28</b>
34	3242	Andres Miguel Prieto Lopez	ESP 	25:45	1:10	2:08:12	3:40	59:01	<b>3:37:47</b>
35	3263	Duane Coker	USA 	32:39	4:11	2:21:55	4:11	48:52	<b>3:51:46</b>



# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 55-59 Female AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3462	Carol Rasmussen	DEN 	21:53	1:10	1:32:52	2:27	32:48	<b>2:31:09</b>
2	3456	Janet Soule	USA 	24:46	2:50	1:40:44	3:05	36:33	<b>2:47:56</b>
3	3460	Clare Leung	AUS 	23:03	1:10	1:48:06	2:41	39:27	<b>2:54:26</b>
4	3461	Libby Thomas	AUS 	20:16	2:56	1:51:57	2:34	40:24	<b>2:58:06</b>
5	3455	Belinda Marais	RSA 	27:12	5:34	1:50:55	3:48	44:29	<b>3:11:57</b>
6	3458	Noella Buchanan	AUS 	26:11	2:55	1:55:59	2:51	44:16	<b>3:12:10</b>
7	3457	Blanche Teyssier	USA 	25:43	4:19	2:04:14	4:06	44:56	<b>3:23:17</b>
8	3454	Nicola Dick	GBR 	27:55	2:40	2:15:57	2:51	45:56	<b>3:35:17</b>
9	3459	Julie Bunyard	AUS 	30:43	3:38	2:41:54	5:14	1:07:23	<b>4:28:50</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category




### 55-59 Male AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3293	Martin König	GER	17:14	1:10	1:20:07	2:03	32:21	<b>2:12:53</b>
2	3282	François Consentino	FRA	20:53	1:10	1:26:10	2:28	32:00	<b>2:22:39</b>
3	3284	Niall Baxter	GBR	19:12	1:10	1:28:10	2:41	34:55	<b>2:26:06</b>
4	3279	Carlos Ibañez Muñoz	ESP	20:05	1:10	1:29:41	2:17	34:32	<b>2:27:43</b>
5	3295	Wayne Leighton	NZL	17:40	1:53	1:31:23	2:32	34:31	<b>2:27:57</b>
6	3298	Armand Surwiło	POL	18:51	2:16	1:28:41	2:41	36:11	<b>2:28:37</b>
7	3296	Geoffrey Matthews	NZL	17:57	1:10	1:32:41	2:51	34:23	<b>2:29:00</b>
8	3294	Pio Moro	ITA	22:57	3:00	1:30:47	2:57	35:24	<b>2:35:03</b>
9	3289	David Stewart	GBR	20:18	1:58	1:38:10	2:48	33:28	<b>2:36:40</b>
10	3305	Manoel Alberto Lopes Dias	BRA	20:41	1:10	1:42:29	2:20	34:13	<b>2:40:51</b>
11	3275	Jesús Alberto Alonso Abad	ESP	21:51	1:10	1:41:28	3:34	36:25	<b>2:44:26</b>
12	3303	Adrian Wenban	AUS	22:50	1:10	1:38:44	3:15	40:18	<b>2:46:16</b>
13	3287	Paul Moore	GBR	19:29	1:10	1:46:15	3:01	39:07	<b>2:49:00</b>
14	3291	Simon Taylor	GBR	17:42	2:18	1:58:25	2:33	31:13	<b>2:52:09</b>
15	3302	Mark Dew	AUS	21:20	2:58	1:40:18	4:27	43:08	<b>2:52:10</b>
16	3281	Jose Manuel Lara Davila	ESP	23:47	3:27	1:42:00	3:00	40:28	<b>2:52:40</b>
17	3280	Roberto Izquierdo Peñacoba	ESP	24:14	2:20	1:48:54	3:03	36:28	<b>2:54:57</b>
18	3285	Mark Johnson	GBR	26:53	2:54	1:45:44	2:30	39:12	<b>2:57:11</b>
19	3297	Joe Morrison	NZL	24:40	2:49	1:46:52	3:09	42:16	<b>2:59:44</b>
20	3299	Robert Ballou	USA	23:37	3:34	1:49:23	3:55	42:13	<b>3:02:40</b>
21	3292	Christian Ulf-Hansen	GBR	21:11	2:21	2:01:11	3:02	38:58	<b>3:06:41</b>
22	3301	Wes McNabb	USA	26:13	3:40	1:57:18	3:49	47:19	<b>3:18:18</b>
23	3276	Luis Cuesta Crespo	ESP	35:07	4:23	2:03:08	2:28	37:34	<b>3:22:38</b>
24	3306	Jeff Shmoorkoff	CAN	28:56	3:55	2:05:10	3:33	41:15	<b>3:22:47</b>
25	3300	Brett Edgerle	USA	21:08	3:35	2:02:42	5:21	50:59	<b>3:23:43</b>
26	3304	Leon Whaanga	AUS	37:23	4:47	2:34:25	3:43	47:42	<b>4:07:59</b>
	<del>3283</del>	<del>Ian Anderson</del>	<del>GBR </del>	<del>17:05</del>	<del>1:10</del>	<del>—</del>	<del>—</del>	<del>—</del>	<del>—</del>
	<del>3277</del>	<del>Jose Luis Garcia Garcia</del>	<del>ESP </del>	<del>47:33</del>	<del>6:07</del>	<del>—</del>	<del>—</del>	<del>—</del>	<del>—</del>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 60-64 Female AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3464	Josie Sinclair	NZL 	17:45	2:23	1:41:22	2:59	38:24	<b>2:42:51</b>
2	3465	Barbara Peterson	USA 	27:40	5:21	2:05:42	3:50	42:59	<b>3:25:30</b>
3	3466	Marianne Hergouth	AUT 	40:21	4:06	2:23:28	3:39	49:19	<b>4:00:52</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category



### 60-64 Male AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3312	Yves Le Nouaille	FRA 	19:56	1:10	1:28:32	3:00	34:52	<b>2:27:28</b>
2	3314	Gil Salmon	FRA 	24:28	1:45	1:28:53	2:27	32:53	<b>2:30:25</b>
3	3320	Keiji Matsuba	JPN 	22:05	2:14	1:30:33	2:47	33:23	<b>2:31:01</b>
4	3326	Cliff Millemann	USA 	21:59	1:10	1:30:27	3:36	38:37	<b>2:35:49</b>
5	3316	Nicholas Farnell	GBR 	22:24	2:07	1:35:31	2:46	36:09	<b>2:38:56</b>
6	3318	Dean Hardie	GBR 	23:43	1:10	1:38:51	2:20	33:54	<b>2:39:57</b>
7	3327	George Chesters	AUS 	16:57	2:30	1:45:40	2:36	38:23	<b>2:46:05</b>
8	3311	Dominique Granier	FRA 	24:24	2:14	1:40:58	2:57	38:38	<b>2:49:09</b>
9	3325	George Lester	USA 	27:15	3:15	1:38:33	3:21	38:44	<b>2:51:06</b>
10	3323	Stephen Cole	USA 	19:47	2:51	1:44:57	3:11	42:09	<b>2:52:52</b>
11	3328	Andrew Loose	AUS 	16:48	2:35	1:48:40	3:08	41:54	<b>2:53:03</b>
12	3324	Craig Harrison	USA 	22:54	1:10	1:44:21	4:18	43:49	<b>2:56:30</b>
13	3319	David Thompson	GBR 	24:17	2:40	1:50:19	3:22	40:53	<b>3:01:30</b>
14	3329	Zdeněk Orner	CZE 	23:37	4:06	1:43:48	3:31	47:28	<b>3:02:29</b>
15	3317	Simon Gelsthorpe	GBR 	28:39	4:38	1:55:29	4:13	43:19	<b>3:16:17</b>
16	3315	Martin Davies	GBR 	37:57	3:22	2:01:18	2:48	34:55	<b>3:20:19</b>
17	3310	Diego Ortiz Rodriguez	ESP 	39:00	2:45	1:50:04	4:29	49:42	<b>3:25:57</b>
18	3321	Paulo Rocha	POR 	26:46	1:10	2:17:53	4:27	44:44	<b>3:34:59</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 65-69 Female AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3468	Lynne Pattle	NZL 	22:58	3:07	1:55:22	3:34	41:24	<b>3:06:24</b>
2	3469	Sheri Schrock	USA 	31:18	4:29	2:19:04	3:54	54:50	<b>3:53:32</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category





### 65-69 Male AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3334	Stefano Piolanti	ITA 	24:51	3:05	1:34:58	2:46	35:15	<b>2:40:54</b>
2	3340	Jaroslav Balatka	CZE 	28:43	2:39	1:34:04	2:40	37:04	<b>2:45:09</b>
3	3336	Alan Pattle	NZL 	23:10	2:58	1:43:07	3:34	42:51	<b>2:55:39</b>
4	3335	Ivar Mjåland	NOR 	26:09	2:50	1:47:02	3:16	41:32	<b>3:00:47</b>
5	3333	Colin Hunt	GBR 	29:52	2:31	1:52:55	3:07	41:10	<b>3:09:33</b>
6	3339	Steve Quattrin	CAN 	29:22	4:06	2:02:58	3:49	45:01	<b>3:25:14</b>
7	3337	Sergey Geydrikh	RUS 	25:16	2:43	2:13:23	3:34	44:10	<b>3:29:04</b>
8	3338	Michael King	AUS 	24:36	4:05	2:03:11	4:16	55:45	<b>3:31:51</b>
9	3332	Francisco Gala Pla	ESP 	37:37	6:31	2:21:47	6:17	51:42	<b>4:03:52</b>

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 70-74 Male AG

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3348	Anton Hergouth	AUT 	33:36	4:38	1:56:42	4:41	55:46	<b>3:35:20</b>
2	3346	Larry Mayse	USA 	30:09	5:16	2:16:33	5:29	50:12	<b>3:47:36</b>
	3344	Grant Seagar	NZL 	25:24	3:18	—	—	—	—
	3345	Amândio Norberto	POR 	49:19	6:24	—	—	—	—

# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### 75-79 Male AG



Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3350	Steffen-Luis Neuendorff	GER 	29:29	4:48	2:22:29	4:16	53:49	<b>3:54:50</b>



# 2019 Pontevedra ITU Cross Triathlon World Championships

## Age groups - Results by category

### Open Male

Cat.R.	Bib	Name	Country	Swim	1st Transition	Bike	2nd Transition	Run	Finish Time
1	3115	Monico Gomez Ruiz	ESP 	2:38:20	-	2:05:51	3:45	50:11	<b>3:30:31</b>
2	3114	Pablo Blanco Antuña	ESP 	28:44	2:00	2:05:55	3:43	50:11	<b>3:30:32</b>